



MESSICK PEACOCK & ASSOCIATES

**QUARTERLY
NEWSLETTER**

3QTR 2023

Research has proven that the most productive people are those that “own their day” versus letting their day own them. They work to maximize their time to be as productive as possible--not just busy. There is a dramatic difference between being busy and being productive. Unfortunately, most people spend an estimated 75% of their time doing things that do not move them forward.

At MPA, one of our core values is **Achievement**. We strive to help clients achieve their financial and personal goals. We collaborate with clients to help them identify and resolve obstacles.

Being productive is the core of every high-level achiever--they all have mastered their time management and are extremely productive and purposeful. Some tips on how to be more productive include

- Reduce multi-tasking and focus on one thing at a time. Ask yourself: “what is the one thing I could work on that would deliver the most results?”
- Remove distractions. Give your full attention to the task at hand.
- Take control of your calendar. Optimize your schedule and say “no” to more things that simply don’t create results.

Feel free to reach out to the MPA team anytime with questions or suggestions. We wish you a productive and successful remainder of your year!

All the best, Your MPA Team

MEET OUR NEWEST TEAM MEMBERS

ALI PATTERSON



MPA extends a warm welcome to Ali Patterson, who joined us as a Part-Time Administrative Coordinator.

We are confident that she will play a crucial role in maintaining organization and fostering continuous growth. We are thrilled about the positive impact she will make at MPA!

Please join us in welcoming Ali to the team.

BRADY PAPKE



We are thrilled to announce that **Brady Papke, CRPC®** has joined our MPA team as an Associate Wealth Advisor!

His dedication, expertise, and fresh perspective are sure to contribute significantly to our ongoing success in providing a great client experience.

Please join us in extending a warm welcome to Brady as he embarks on this exciting journey with us!

 [Learn more about Brady](#)



BRADEN HOWELL

We are thrilled to announce the well-deserved promotion of **Braden Howell, CFP®, CEPA, RICP®** to the position of Lead Wealth Advisor.

His dedication, expertise, and commitment to excellence have been instrumental in serving our clients and driving our success. We have no doubt that Braden will continue to excel in his new role!

Worthwhile Top Stories

Summer 2023

AGING WITH GRACE

The conversation around memory issues is a delicate one but an important one all the same. And deciding when to make the call for additional care can be tricky. Here's how to navigate caregiving when memory issues become a growing pattern in your loved one's life. [p12](#)



PULLING THE RETIREMENT RIP CORD

Retiring – intentionally – before age 65 might be within your grasp. But no matter what age you are, how do you know if you're truly ready to retire? From staying connected and finding a sense of purpose to planning your financial goals, we answer your questions and help you explore your options around retirement readiness. [p17](#)



RIDING THE WAVES

Recessions, market volatility, economic turbulence – it's all been in the headlines lately. But we've seen it before. For investors with a long-term focus, we explore what past downturns and their subsequent recoveries have historically looked like, to help you take advantage of the opportunities. [p22](#)



MICHAEL CLINTON

Re-Imagineers



The ROAR Report: Issue # 2



The Future of Work Is a 60-Year Career

Humans may soon live to be 100, which likely means more years on the job. That could be a good thing, if we take the opportunity to redesign work.

By Joe Pinsker

Rise of the golden gap year: Nearly 40% of baby boomers are planning the trip of a lifetime

Gap years are no longer the preserve of the young, as nearly four in ten (37%) in their golden years have decided to seize the moment and book a life-changing trip.

Boomers and millennials fight for homes as housing market cools

Prices have cooled in the once red-hot housing market, but competition is heating up between two generations in seemingly perpetual conflict.

Five Steps To Help Employees Create Financial Independence And Plan For Retirement

Depending on the size of one's savings, the extra years that The New Longevity will add to retirement (and possibly careers) can be a source of anticipation or fear. Forbes offers ideas on supporting employees and helping them reach their goal of a comfortable retirement.



Join MPA at Katy Trail Station



JOIN MPA AT
KATY TRAIL STATION

"BEST TAKEOUT BBQ IN DALLAS"



MPA TAILGATE EVENT

WEAR YOUR FAVORITE TEAM COLORS

OCT 25TH
4PM - 7PM

LIVE MUSIC & GOOD FOOD



PLACE

4825 COLE AVE
DALLAS, TX, 75205



RSVP BY OCT 18TH

Kindly RSVP by Wednesday, **October 18th**, so we can ensure we have plenty of food and drinks.



We are truly honored to have received recognition as one of the Best Places To Work in the Dallas - Fort Worth area and the broader North Texas Region!

At MPA, our focus is on:

- Fostering a Positive Workplace Culture
- Supporting Employee Development and Growth
- Prioritizing Work-Life Balance

These aspects highlight MPA's unwavering commitment to creating a fulfilling workplace for our valued team members!

The 2023 Dallas Business Journal Best Places To Work award is based on evaluating employee surveys and the organizations benefits package. To be considered, the company can be any industry or company type, the organization must be located in the Dallas region, have a minimum of 10 employees and pay a \$250 fee. The employee surveys are evaluated by Quantum Workplace and provide their findings to Dallas Business Journal. Only full time employees with less than a 5 percent ownership in the company are allowed to participate in the employee surveys. 333 companies were considered and 8 companies won the award. This ranking is based upon the period from 6/18/2022 to 6/18/2023 and was released on 8/23/2023. This recognition is neither an evaluation of services offered, nor a ranking of the Messick Peacock & Associates, Inc. associates as investment adviser representatives. The award is not representative of any one client's experience, is not an endorsement, and is not indicative of an advisor's past or future performance. Dallas Business Journal and/or Quantum Workplace are not affiliated with Raymond James.



At MPA, we utilize Culture Index to gain insights into the most effective methods of internal team communication and client interactions. If you haven't already taken the MPA Culture Index assessment and are interested in doing so, please click below.

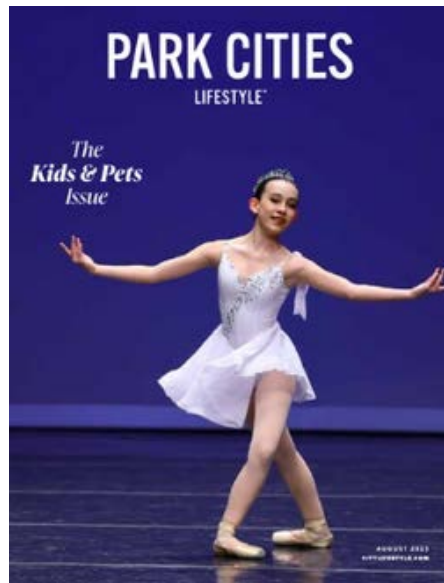
[Take CI Assessment](#)

PARK CITIES

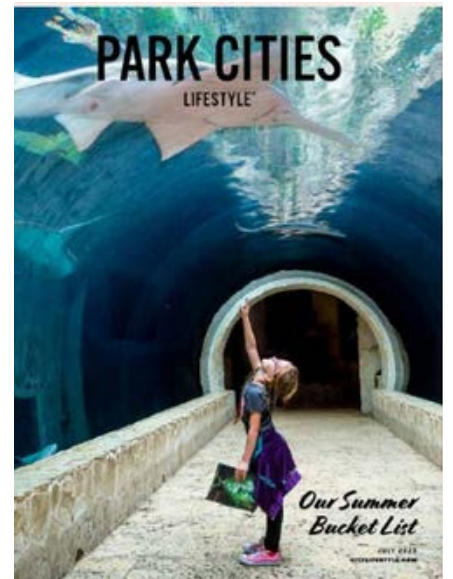
LIFESTYLE™



September



August



July



Experience the engaging discussion as our CEO, [David Peacock](#), joins Jay Hummel on The Deep Dive podcast.

Click the image to listen to the podcast.





podcast



Raymond James: For What It's Worth

Learn how to plan, invest and live smarter with the Raymond James For What It's Worth podcast. Featuring insights from leading professionals, For What It's Worth brings you the latest in wealth management, market commentary and engaging research.

The Golfers Journal

Join host Tom Coyne as he travels the country interviewing the most interesting people in golf.

MIND YOUR RMDs

If over 72, take required minimum distributions (RMDs) from your IRAs and qualified plans. You must begin RMDs by April 1 the year after you turn 72 (73 if you reach age 72 after December 31, 2022). Subsequent distributions must be taken by Dec. 31 each year. That means if you reached 72 during 2022, and you delayed your 2022 initial RMD until April 1, 2023, you still have to take your 2023 RMD before Dec. 31, 2023. For more information, go to irs.gov/rmd.

No need to wait on completing your RMD.
Give us a call to discuss satisfying this distribution.

Contact the MPA Team

MPA HOLIDAY HOURS

Our office will be closed on the following dates:

Wednesday, November 22: MPA office closes at 3:00 P.M.

Thursday, November 23: Market and MPA office closed

Friday, November 24: MPA office is closed, please reach out to your advisor for assistance

Friday, December 22: MPA office closes at 3:00 P.M.

Monday, December 25: Market and MPA office closed

Tuesday, December 26: MPA office is closed, please reach out to your advisor for assistance

Monday, January 1: Market and MPA office closed



LET'S STAY CONNECTED

Stay up-to-date with the latest MPA news by following us on LinkedIn. We value staying connected, so be sure to hit that follow button today to receive regular updates.

NEVER STOP GROWING



Achievement | Competence | Connection | Empathy | Optimism

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